

# The Proposed Impact and Anticipated Barriers of Establishing Food Action Groups in Rural, Regional, and Remote Western Australia

**Aim:** identify the (1) recommended activities for Food Action Groups and (2) anticipated barriers of establishing Food Action Groups in rural, regional and remote WA.

**Methods:** 19 focus groups, with 92 participants were held across each region of WA. The anticipated barrier to Food Action Group success are outlined in Figure 1.

## Barriers to Food Action Groups' Success

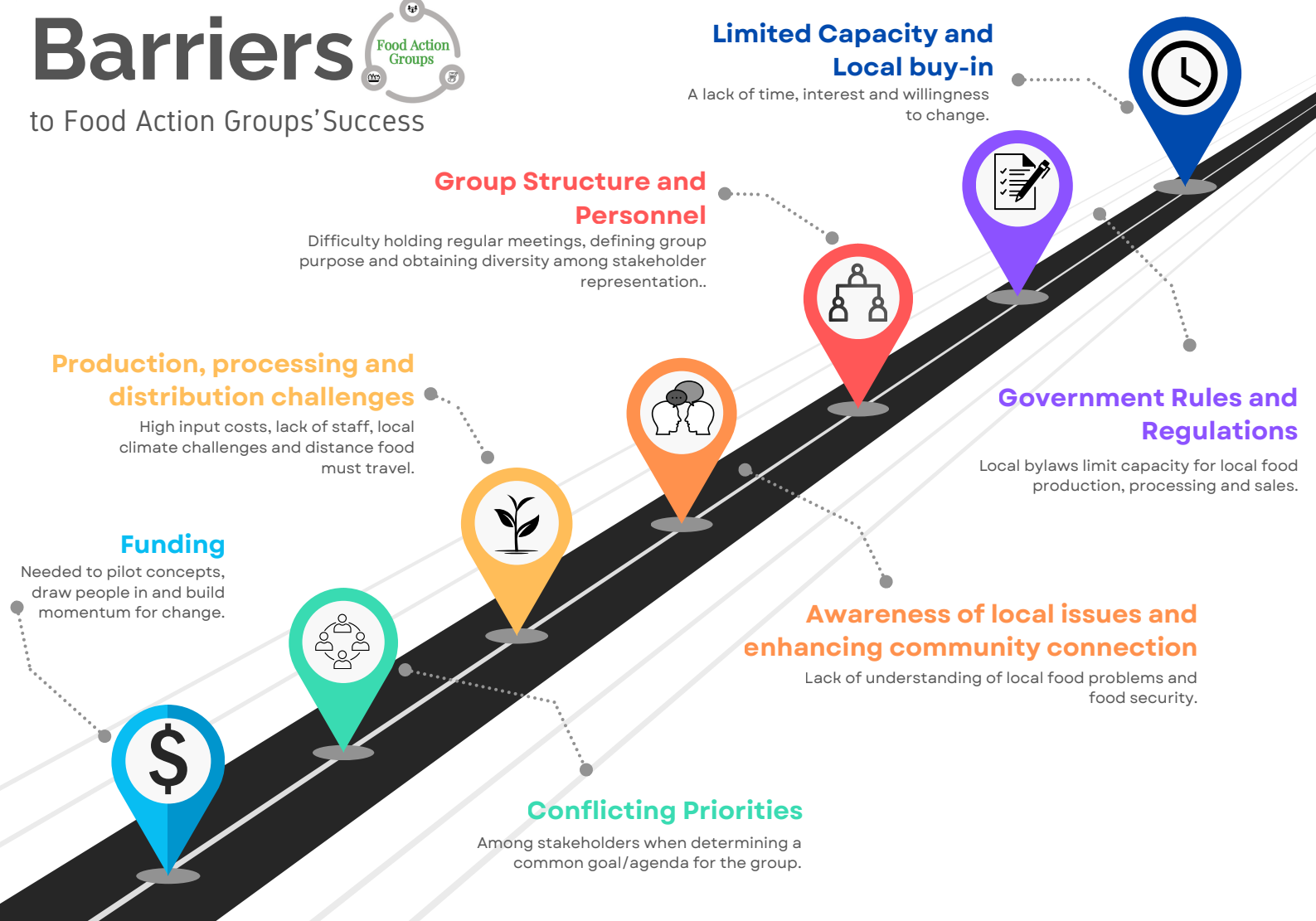



Figure 1. Perceived barriers to Food Action Groups success in regional and remote WA.

### Based on our findings, our recommendations include:

- WA Food Action Groups could develop a portfolio of activities.
- Food literacy interventions should be underpinned by evidence and incorporate evaluation.
- Food Action Groups members should engage in policy and advocacy training.
- Food Action Groups consider strategically recruiting a locally-based member with experience in policy advocacy or implementation.