



Evaluating the impact of a community-based food security project: The value in facilitating collaboration and understanding.

Food security: "regular and reliable physical, social and economic access to nutritious food in order to live a healthy life" (United Nations International Children's Emergency Fund, 2018).

The South West Food Community project was implemented in 2018 to enhance food security action within the South West.



AIMS

- Identify the initiatives supporting healthy food availability, access and utilisation.
- To understand how these initiatives functioned as a system.
- To co-designed more effective ways of enhancing food security action for WA.



METHOD

We interviewed 51 government and community participants in semi-structured telephone interviews.

RESULTS

Project raised awareness of food security action among participants. It provided them with opportunities to enhance their collaboration with other initiative leaders.



Recommendations

- Focus on increasing awareness of and knowledge about food security.
- Support participants to recognise their role in supporting the larger food security system

