

SUPPORTING FOOD SECURITY AS A PRACTITIONER



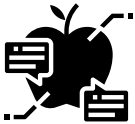
SIGNS OF FOOD INSECURITY IN A CLINICAL SETTING



Significant weight gain or loss.



Regular use of food relief organisations.



Nutrient deficiencies.



Anxiety about food or household budgets.



SUPPORTING FOOD SECURITY

To support food security, practitioners could advocate for long-term food security strategies that address the social determinants of health and promote programs which uphold dignity of the individual.

IN ADDITION, THEY COULD...



Collaborate with cross-disciplinary practitioners.



Consider the home environment and cost of living in treatment plans.



Consider advocacy activities such as inquiry submissions.