

Great Southern Food Community 'Connect' Projects 2022/2023

This document provides a list of food security initiatives in the Great Southern region mapped by the Food Community project team.



Community Gardens and Food Swapping Groups

Denmark Local Produce Facebook Swap page

Description: A place to sell or swap locally grown produce. Save food miles and enjoy fresh fruit, veggies, eggs, preserves and anything else food related.

Food security aspect/s addressed:

Food access

Food availability

*Confirmed by the Food Community team via an interview

Website: www.facebook.com/groups/655260037888856

Location: Denmark, WA 6333

Good Life Community Garden

Description: Ran by the Living Water Anglican Church, the garden is built around permaculture principles and grows vegetables, fruit and herbs for participants to take home or donate to sell through their on-site Community Store.

Food security aspect/s addressed:

Food access

Food availability

*Confirmed by the Food Community team via an interview

Website: www.lwac.org.au/programs/good-life-community-garden

Telephone: (08) 9844 8850

Email: admin@lwac.org.au

Location: 78 Lower King Rd, Albany, WA 6330

Kendenup Produce Exchange

Description: The inaugural KPE will take place the 1st Saturday of each month at the Kendenup Town Hall from 9-10am. No money will be exchanged, purely produce, clothing, baked goods and services such as weeding, sewing, etc.

Food security aspect/s addressed:

Food access

Food availability

*Confirmed by the Food Community team via an interview

Website: www.facebook.com/groups/605396974753589/discussion/preview

Location: Kendenup, WA 6323

Mount Barker WA and Surrounding Area Produce Swap Facebook page

Description: Food swapping Facebook page.

Food security aspect/s addressed:

Food access

Food availability

*Unconfirmed by the Food Community team

Website: www.facebook.com/groups/1548332508792153/about

Location: Mount Barker, WA 6324

Rainbow Coast Neighbourhood Centre: Community Garden

Description: Community garden at the Rainbow Coast Neighborhood Centre. Open Garden on every Wednesday morning 9.00am - 12.00pm.

Food security aspect/s addressed:
Food access
Food availability

*Confirmed by the Food Community team via an interview

Website: www.rcnc.org.au/our-community-garden

Telephone: (08) 9841 8254

Email: admin@rcnc.org.au

Location: Humphreys Street, Lockyer WA 6330 (next to the park)

Rainbow Coast Neighbourhood Centre: Produce Swap and Share

Description: Produce swap and share held on the first Saturday of every month from 10.00am to 12.00pm.

Food security aspect/s addressed:
Food access
Food availability

*Confirmed by the Food Community team via an interview

Website: www.rcnc.org.au/programs?tag=produce%20swap

Telephone: (08) 9841 8254

Email: admin@rcnc.org.au

Location: Humphreys Street, Lockyer WA 6330 (next to the park)

Spencer Park Community Garden

Description: Community garden in Albany, WA.

Food security aspect/s addressed:
Food access
Food availability

*Confirmed by the Food Community team via an interview

Please note, this initiative is no longer running.

Website: www.facebook.com/people/Spencer-park-community-garden/100069068349385/

Location: Spencer Park, WA 6330

The Denmark Kwoorabup Community Garden

Description: Community garden in Denmark that holds regular workshops and events for the local community.

Food security aspect/s addressed:
Food access
Food availability

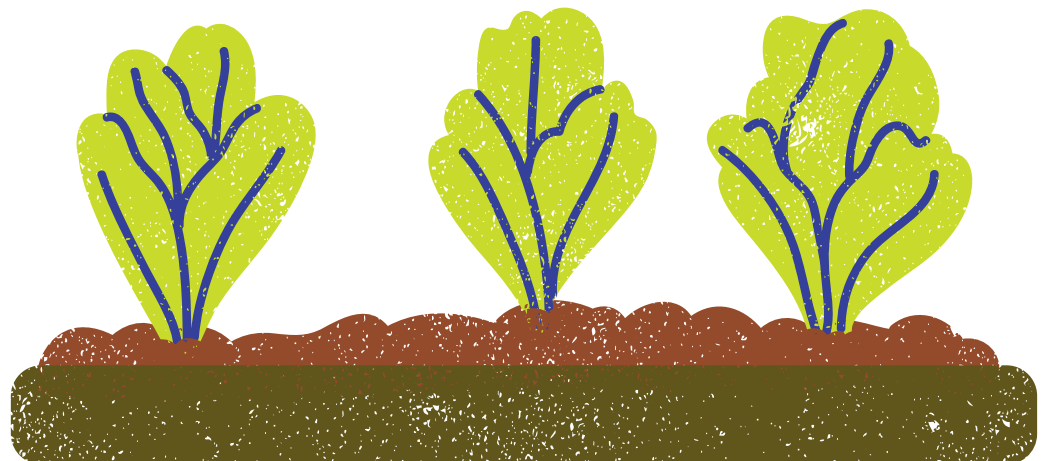
*Unconfirmed by the Food Community team

Website: www.facebook.com/people/Denmark-Kwoorabup-Community-Garden/100081166820151/

Telephone: (08) 9848 3310

Email: bschur@greenskills.org.au

Location: 2 Strickland Street, Denmark WA 6333





Farmers' Markets and Food Events

Albany Farmers Market

Description: Fresh, local produce available every Saturday.

Food security aspect/s addressed:
Food availability

*Unconfirmed by the Food Community team

Website: www.albanyfarmersmarket.com.au/

Telephone: 0435 660 941

Email: admin@albanyfarmersmarket.com.au

Location: Collie Street, Albany WA 6330

Katanning Farmers Market

Description: Locally produced veggies and fruit and hand made preserves and crafts, every third Saturday of every month from 8am - 12pm.

Food security aspect/s addressed:
Food availability

*Unconfirmed by the Food Community team

Website: www.facebook.com/profile.php?id=100068350848885

Email: kas@westnet.com.au

Location: Pemble Street, Katanning WA 6323

Katanning Harmony Festival

Description: Annual festival celebrate diversity, community participation, inclusiveness and respect for all the different cultures. Includes entertainment, international food, art and activities, cooking shows etc. Also run various workshops throughout the year such as food safety and handling workshops.

Food security aspect/s addressed:
Food availability

*Unconfirmed by the Food Community team

Website: www.facebook.com/KatanningHarmonyFestival

Email: harmonyfestival@katanning.wa.gov.au

Location: Katanning WA 6323

Kwoorabup Community Markets

Description: Locally grown food market in Denmark. Held on Sundays from 9.00am - 1.00pm. Monthly in Winter. Weekly September to May.

Food security aspect/s addressed:
Food availability

*Unconfirmed by the Food Community team

Website: www.facebook.com/kwoorabupcommunitymarkets/

Telephone: 0493 510 470

Email: coordinator@denmarkmarkets.com.au

Location: 956 South Coast Hwy, Denmark WA 6333

Regional Food and Beverage Capability Guides

Description: Western Australian food and beverage manufacturers are now featured in a series of interactive, online Food and Beverage Capability Guides.

Food security aspect/s addressed:
Food availability

*Confirmed by the Food Community team via an interview

Website: www.agric.wa.gov.au/capability-guides

Telephone: (08) 9881 0221

Email: foodindustryinnovation@agric.wa.gov.au

Taste Great Southern

Description: A festival celebrating fresh local food, boutique wines and the amazing flavors of the Great Southern.

Food security aspect/s addressed:
Food availability

*Confirmed by the Food Community team via an interview

Website: www.facebook.com/TasteGreatSouthern/



Food Literacy and Health Promotion Projects

Better Health Company programs

Description: The Better Health Company delivers free health lifestyle programs for children aged 2-12, funded by the Department of Health Western Australia. Programs are delivered both online and in group-based settings to provide evidence-based information and support that aligns with national guidelines on healthy eating, physical activity, and sedentary behaviour. Includes: Active8, a program for children aged 2-5 and The Better Health Program for children aged 6-12.

Food security aspect/s addressed:
Food utilisation

*Confirmed by the Food Community team via an interview

Website: www.betterhealthprogram.org/

Crunch&Sip®

Description: Crunch&Sip is a primary school nutrition program. Teachers at Crunch&Sip schools set a time each day for students to eat vegetables and fruit in the classroom. Students are also encouraged to regularly drink from their water bottle.

Visit their website for more information.

Food security aspect/s addressed:
Food utilisation

*Confirmed by the Food Community team via an interview

Website: www.crunchandsip.com.au/

Djinda Ngardak™ Program

Description: Offering Indigenous students from across WA the opportunity to attend a week-long culinary camp where they will receive training and mentorship from some of WA's top chefs to develop their culinary skills using modern cooking techniques met with traditional and locally sourced ingredients.

Food security aspect/s addressed:
Food utilisation

*Unconfirmed by the Food Community team

Website: www.prepareproduceprovide.org/kepa-kwab-non-alcoholic-beverage

Email: info@prepareproduceprovide.org

Food Sensations® for Schools

Description: Hands on nutrition education and cooking in School Breakfast Program schools.

Visit their website for more information.

Food security aspect/s addressed:
Food utilisation

*Confirmed by the Food Community team via an interview

(Please note that this program has ceased.)

Website: www.foodbank.org.au/WA/healthy-eating-cooking-programs/?state=wa

Great Southern Aboriginal Health Services

Description: Provides a comprehensive primary health care service for Aboriginal and Torres Strait Islander people in the Great Southern region of WA.

Food security aspect/s addressed:
Food utilisation

*Unconfirmed by the Food Community team

Website: aodknowledgecentre.ecu.edu.au/key-resources/organisations/1561/?title=Great+Southern+Aboriginal+Health+Service&contenttypeid=3&contentid=1561_3

Telephone: (08) 9892 7222

Rainbow Coast Neighbourhood Centre: Garden Grubs program

Description: An innovative children's gardening group that involves lots of garden play, crafty activities and gardening.

Food security aspect/s addressed:
Food utilisation

*Confirmed by the Food Community team via an interview

Website: www.rcnc.org.au/programs?category=Garden

Telephone: (08) 9841 8254

Email: admin@rcnc.org.au

Location: Humphreys Street, Lockyer WA 6330 (next to the park)

Seeds in Schools

Description: Seed Library for Australian schools.

Visit their website for more information.

Food security aspect/s addressed:
Food utilisation

*Confirmed by the Food Community team via an interview

Website: www.facebook.com/profile.php?id=100066944822506

Telephone: 0458 888 760

Email: admin@seedlibrary.com.au

Stephanie Alexander Kitchen Garden Foundation

Description: The Stephanie Alexander Kitchen Garden Program enables children and young people to form positive food, health, sustainability, and wellbeing habits for life through 'pleasurable food education' delivered in hands-on kitchen and garden classes. The Program offers models from early learning through to primary and secondary years. Operating in over 1000 schools nationally, it has impacted over a million children and young people in the 20 years since inception.

With a vision to see healthy children and young people living in sustainable communities across Australia, the Stephanie Alexander Kitchen Garden Foundation also works collaboratively with local communities, local government and community organisations on place-based responses to local health challenges.

Food security aspect/s addressed:
Food utilisation

*Confirmed by the Food Community team via an interview

Website: www.kitchengardenfoundation.org.au/



Emergency Food Relief and Community Programs

Anglicare WA: Emergency Relief Food Access Service

Description: Emergency food relief service.

Visit their website for more information.

Food security aspect/s addressed:
Food access

*Confirmed by the Food Community team via an interview

Website: www.anglicarewa.org.au/

Telephone: 1300 11 44 46

Email: info@anglicarewa.org.au

Albany and Regional Volunteer Services: Breakfast in the Park

Description: Albany and Regional Volunteer Services runs a "Breakfast in the Park".

Food security aspect/s addressed:
Food access

*Unconfirmed by the Food Community team

Website: www.arvs.org.au/

Telephone: (08) 9841 3588

Email: volstaff@arvs.org.au

Albany Baptist Church

Description: Baptist church in Albany that serves free meals once a month.

Food security aspect/s addressed:
Food access

*Unconfirmed by the Food Community team

Website: www.albanybaptist.com.au/

Telephone: (08) 9841 8699

Email: admin@albanybaptist.com.au

Location: 20 Bethel Way, Albany, WA 6330

Albany Youth Support Association Food Refuge

Description: Not-for-profit providing a range of programs, initiatives and support for youth in the Great Southern region. At the Albany Youth Centre they provide access to a shower, free laundry facilities, food and something warm to drink.

Food security aspect/s addressed:
Food access

*Confirmed by the Food Community team via an interview

Website: www.aysa.org.au/programs-initiatives/

Telephone: (08) 9842 2082

Email: admin@aysa.org.au

Location: 12 Young Street, Albany, WA 6330

Amity Health client-based emergency food relief

Description: A not-for-profit organisation providing health and wellbeing solutions to regional Western Australia. Their services include providing emergency food relief to their clients.

Food security aspect/s addressed:
Food access

Please note, this initiative has ceased.

*Confirmed by the Food Community team via an interview

Website: www.amityhealth.com.au/

Telephone: (08) 9842 2797

Email: query@amityhealth.com.au

Location: 136 Lockyer Avenue, Albany, WA 6330

Badgebup Aboriginal Corporation

Description: An organisation that is a strong voice for the Aboriginal people in the Central Great Southern Region of WA and deliver social and economic outcomes through jobs and training opportunities. They run a range of health and wellbeing initiatives.

Food security aspect/s addressed:
Food access
Food utilisation

*Unconfirmed by the Food Community team

Website: www.badgebup.org.au/social-programs/healing-and-wellbeingf

Telephone: 0427 992 910

Location: 3110 Katanning-Nyabing Road, Badgebup WA 6317

Feed It Forward Incorporated

Description: Feed it Forward Incorporated is a not for profit, public benevolent organisation that rescues and redistributes unused food from local grocery stores. With the help of more than 500+ active volunteers, they are collecting food from 146 supermarkets and food donors, more than 355 times per week. A monthly average of 200 tonne of edible food is collected and distributed to over 16,000 families as well as 165 community groups,

Food security aspect/s addressed:
Food access

*Confirmed by the Food Community team via an interview

Website: www.facebook.com/groups/577861689418823/

Food and Friendship Kitchen : Seventh Day Adventist Church

Description: Providing a free meal of soup every Wednesday from 4.30pm to 5.00pm.

Food security aspect/s addressed:
Food access

*Unconfirmed by the Food Community team

Website: www.yourcare.org/supplier/profile/food-and-friendship-kitchensoup-kitchen

Telephone: (08) 9846 1263

Foodbank Albany food relief and support

Description: Emergency food relief provision.

Food security aspect/s addressed:
Food access

*Confirmed by the Food Community team via an interview

Website: www.facebook.com/profile.php?id=276569705754668&_rdr

Telephone: (08) 9842 6645

Location: 5-7 Cockburn Road, Albany, WA 6330

Katanning Community Harvest

Description: Katanning Community Harvest is now open to support people on low incomes to access reduced priced grocery items. They will need a health care card, pension card or seniors card. Community Harvest is a food bank agency and is currently open Monday to Friday 9.00am-2.00pm.

Visit their website for more information.

Food security aspect/s addressed:
Food access

*Unconfirmed by the Food Community team

Website: www.facebook.com/katanningneighbourhoodcentre/

Telephone: (08) 9821 4433

Email: kis@katel.net.au

Martha's Soup Kitchen

Description: Provides soup and bread on Mondays from 12.00pm – 1.00pm in the Parish Hall on York St.

Food security aspect/s addressed:
Food access

*Unconfirmed by the Food Community team

Website: www.anglicanchurchalbany.org.au/Events.html

Location: St John's Anglican Church, York Street, Albany, WA 6330

Mount Barker Community Resource Centre Emergency Food Relief Agency

Description: Emergency food relief provision through the Mount Barker Community Resource Centre. Open Tuesdays: 9:00am - 1:00pm and Thursdays: 9:00am-12:00pm.

Food security aspect/s addressed:
Food access

*Unconfirmed by the Food Community team

Website: www.mtbarkercrc.com/food-relief-agency/

Telephone: (08) 9851 2674

Email: admin@mtbarkercrc.com

Location: 1 Lowood Road, Mount Barker, WA, 6324

Pivot Support Services: Community Hub Services

Description: Pivot offers a comprehensive needs assessment to people who engage with the service. The needs assessment identifies current areas of disadvantage and unmet need across ten domains:

- Emergency Relief
- Accommodation
- Alcohol or Other Drugs/Addictions
- Disability
- Employment/Education
- Financial
- Legal
- Mental Health
- Physical Health
- Relationships

Food security aspect/s addressed:
Food access

*Unconfirmed by the Food Community team

Website: www.pivotsupport.com.au/

Telephone: (08) 9842 9699

Email: admin@pivotsupport.com.au

Location: 21 Aberdeen Street, Albany, WA 6330

Rainbow Coast Neighbourhood Centre: SecondBite distribution

Description: SecondBite food distribution every Tuesday, late morning (closed for two weeks over Christmas).

Food security aspect/s addressed:
Food access

*Unconfirmed by the Food Community team

Telephone: (08) 9841 8254

Email: admin@rcnc.org.au

Location: 219 North Road, Centennial Park, WA 6330

School Breakfast Program

Description: Foodbank School Breakfast Program running across various schools in regional WA.

Visit their website for more information.

Food security aspect/s addressed:
Food access

*Confirmed by the Food Community team via an interview

Website: www.foodbank.org.au/WA/school-breakfast-program/?state=wa

Southern Aboriginal Corporation

Description: Organisation focused on empowering self-determination and Aboriginal-led solutions.

Food security aspect/s addressed:
Food access
Food utilisation

*Unconfirmed by the Food Community team

Website: www.sacorp.com.au/

Telephone: (08) 9842 7777

Email: reception@sacorp.com.au

Location: 27 Chester Pass Rd, Albany, WA 6330

Soupy: Denmark Soup Tuesday's

Description: Reoccurring event ran out of the Demark RSL every Tuesdays providing warm soup in the winter.

Food security aspect/s addressed:
Food access

*Confirmed by the Food Community team via an interview

Website: www.facebook.com/groups/3065705473658466

Location: 56 Strickland Street, Denmark, WA 6333

St Vincent de Paul Society Albany emergency food relief

Description: The St Vincent de Paul Conference actively supports the Albany community by providing emergency food relief assistance. Those in need can receive Foodbank vouchers, non-perishable food items from the Conference's pantry, and food hampers at Christmas. Visit their website for more information.

Food security aspect/s addressed:
Food access

*Confirmed by the Food Community team via an interview

Website: www.vinnies.org.au/wa

Telephone: (08) 9842 2386

The Commons

Description: The Commons is a shop front space that sits within the Spencer Park shopping centre in Albany. It is currently open for several hours a day during the weekdays and on the weekends with volunteers. In essence, the aim to build community through assorted activities. They offer free food, clothes, books, DVDs, a free cuppa, other assorted items, and just a safe place to meet and chat.

Food security aspect/s addressed:
Food access

*Confirmed by the Food Community team via an interview

Location: Spencer Park, WA 6330



Policies or Strategic Plans

Katanning Community Strategic Plan 2017-2027

Description: The Katanning Community Strategic Plan 2017-2027 includes objectives such as: Explore innovative agriculture/food production opportunities.

*Unconfirmed by the Food Community team

Website: www.katanning.wa.gov.au/Profiles/katanning/Assets/ClientData/Document-Centre/Shire-of-Katanning-SCP-FullDraft-Singles.pdf

Location: 52 Austral Terrace, Katanning, WA 6317

Shire of Cranbrook Public Health Plan 2022-2026

Description: The Shire of Cranbrook Public Health Plan 2022-2026 includes objectives such as: Support residents to develop skills and capacity to grow and prepare healthy foods.

*Unconfirmed by the Food Community team

Website: www.cranbrook.wa.gov.au/wp-content/uploads/2022/08/Public-Health-Plan-2022-2026.pdf

Location: Cranbrook, WA 6321

Shire of Denmark Sustainability Strategy 2021-2031

Description: The Shire of Denmark Sustainability Strategy 2021-2031 objectives include balancing economic, social and environmental factors to support the achievement of their future environmental objectives.

Food security aspect/s addressed:
Sustainability

*Unconfirmed by the Food Community team

Website: www.denmark.wa.gov.au/Profiles/denmark/Assets/ClientData/Sustainability_Strategy_2021-2031.pdf

Telephone: (08) 9848 0300

Email: enquiries@denmark.wa.gov.au

Location: Denmark, WA 6333

Healthy Weight Action Plan 2019-2024

Description: The WA Healthy Weight Action Plan 2019-2024 (hereafter, the Action Plan) is a joint initiative of WA Health, WA Primary Health Alliance, and Health Consumers' Council to create a roadmap for sustainable changes to support people and families who are at-risk of overweight (those at the high end of the healthy weight body mass index range) and those with overweight and obesity. It is the first step of many to create a coordinated approach across health to tackle the complex causes of overweight and obesity and work with our partners across WA to drive long-term change.

Food security aspect/s addressed:
Food utilisation

*Confirmed by the Food Community team via an interview (including the Kimberley and the Great Southern regions)

Website: www.health.wa.gov.au/Articles/U_Z/WA-healthy-weight-action-plan

Telephone: (08) 9222 0200

Email: healthpolicy@health.wa.gov.au



Businesses, Networks or Alliances

Amity Health: Communities for Children program

Description: Communities for Children program is funded by the Australian Government. This enables us to provide funding and support to our community partners in the Great Southern to deliver programs for children and families to support their health, wellbeing and community connections.

Food security aspect/s addressed:
Food access

*Confirmed by the Food Community team via an interview

Website: www.amityhealth.com.au/communities-for-children

Telephone: (08) 9842 2797

Email: query@amityhealth.com.au

Early Years Partnership

Description: A 10-year partnership between the State Government, Minderoo Foundation and Telethon Kids Institute (through Colab) and select Western Australian communities to bring together community leaders, all levels of government, researchers, business and philanthropic organisations to achieve better outcomes for Western Australian children and families.

Food security aspect/s addressed:
Food utilisation

*Confirmed by the Food Community team via an interview

Website: www.badgebup.org.au/social-programs/early-years-initiative

Southern Dirt

Description: Southern Dirt is a not-for-profit membership based grower group committed to sustaining the farming practices of their members and the communities their members support.

Food security aspect/s addressed:

Food agency

Food sustainability

*Confirmed by the Food Community team via an interview

Website: www.southerndirt.com.au/

Telephone: 0428 632 625

Email: eo@southerndirt.com.au

Location: 129 Albany Highway, Kojonup, WA 6395

Kwoorabup Denmark Food Resilience Group

Description: Food resilience group providing a space for the community to share ideas and questions about growing your own food and sourcing healthy food from organic/regenerative practices in the Shire of Denmark.

Food security aspect/s addressed:

Food utilisation

*Unconfirmed by the Food Community team

Website: www.facebook.com/groups/kwoorabupdenmarkfoodresilience

Great Southern Food Network

Description: Food networking group open to the community.

Food security aspect/s addressed:

Food availability

*Unconfirmed by the Food Community team

Website: www.facebook.com/profile.php?id=100066273172804

Green Skills Inc.

Description: A not-for-profit organisation with offices in Perth, Denmark and Albany, Green Skills is a driver of change towards a more sustainable community

Food security aspect/s addressed:

Sustainability

*Unconfirmed by the Food Community team

Website: www.facebook.com/GreenSkillsInc

Telephone: (08) 9360 6667

Southern Ag Care

Description: Professional counselling and support services for rural people provided by rural people in the Great Southern, WA.

*Unconfirmed by the Food Community team

Website: www.southernagcare.org.au/

Telephone: (08) 9827 1552

Email: admin@southernagcare.org.au

***For amendments or additions to this document, please contact the Food Community team**



foodcommunity@ecu.edu.au



[@ecufoodcommunity](https://www.facebook.com/ecufoodcommunity)



www.foodcommunity.com.au



Government of Western Australia
WA Country Health Service



Centre for People,
Place & Planet
STRATEGIC RESEARCH CENTRE

