



Pictured: Greenbushes Community Garden

Food Support Practitioners Guide

Bridgetown & Surrounds

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Acknowledgement of Country

We would like to respectfully acknowledge the Wadandi and Bibbulmun Peoples who are the Traditional Owners and First People of the land on which we created this guide. We would like to pay our respects to the Elders past, present and emerging for they hold the memories, the traditions, the culture and hopes of the Wadandi and Bibbulmun Peoples.

Food Security

Based on the World Summit in 1996, food security occurs when all people, at all times, have physical, social and economic access to sufficient, safe and nutritious food that meets their dietary needs and food preferences for an active and healthy lifestyle.

(Food and Agriculture Organisation, 2024., & World Bank Group, n.d.)



S. L. Godrich, I. Chiera, M. Stoneham, J. Doe, A. Devine, and E. Humphreys, "Using Social Network Analysis to Visualise Place-Based Partnerships for Systems Change in Regional Australia," Health Promotion Journal of Australia 37, no. 2 (2026): e70150, <https://doi.org/10.1002/hpja.70150>.

Aboriginal communities defined food security "when the food of our ancestors is protected and always there for us and our children. It is when we can easily access and afford the right nontraditional food for a collective health and active life. When we are food secure, we can provide, share and fulfil our responsibilities, we can choose good food knowing how to make choices and how to prepare and use it."

(Menzies School of Health Research, 2010)

Screening Tool

Adapted from the United States Department of Agriculture Food Security Safety Module (May 2024)

This screening tool will be used to understand the extent and nature of food insecurity in our community. The information gathered supports informed planning, service delivery, and advocacy to better respond to community needs.

These next questions are about the food eaten in your household in the last 12 months, and whether you were able to afford the food you need.

1. The food that (I/we) bought just didn't last, and (I/we) didn't have money to get more.

Often true Sometimes true Never true DK or refused

2. (I/we) couldn't afford to eat balanced meals.

Often true Sometimes true Never true DK or refused

3. In the last 12 months, since last (name of current month), did (you/you or other adults in your household) ever cut the size of your meals or skip meals because there wasn't enough money for food?

Yes No (skip to Q5) Don't Know (skip to Q5)

Screening Tool

Adapted from the United States Department of Agriculture Food Security Safety Module (May 2024)

4. (Only if yes to Q3) How often did this happen—almost every month, some months but not every month, or in only 1 or 2 months?

Almost every month Some months but not every month Only 1 or 2 months Don't Know

5. In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?

Yes No Don't Know

6. In the last 12 months, were you ever hungry but didn't eat because there wasn't enough money for food?

Yes No Don't Know

For further information and how to use the U.S. Household Food Security Survey Module: Six Item Short Form please visit:

<https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-us/survey-tools>

and choose "Six-item Short Form Food Security Survey Module."

Key



Meals



Foodbank referrals



Food or hampers



Supermarket vouchers

Food Support Agencies: Bridgetown, Donnybrook, Boyup Brook, Boyanup, Greenbushes & Nannup

**AGENCIES AND ORGANISATIONS THAT CAN
PROVIDE MEALS, FOOD, AND SUPERMARKET
VOUCHERS.**

- Bridgetown Hub
- Vinnies
- Mobile Foodbank
- Greenbushes Community Pantry

Bridgetown Hub

Eligibility: anyone

Contact Details

Phone: (08) 9761 2139

Address: Terminus Building, corner Steere and Roe Street, Bridgetown, WA, 6255

Opening Hours: Wednesdays weekly (time not specified).

SERVICES:   

Gardening and cooking classes, as well as crafts and clothing swap workshops that can be accessed by anyone. Able to provide Foodbank referrals and assist with emergency food items.

ACCESS:

Weekly workshops are held. Prices vary from free to \$20, depending on resources needed.



Vinnies

Eligibility: assistance from people in need

SERVICES:  

This might involve having a friendly chat or include providing information, advocacy, food or food vouchers, clothing, furniture, budget support, assistance with utility bills or back to school costs.

ACCESS:

Please call to arrange an appointment.

Contact Details

Phone: 0429 680 759

Opening Hours: Monday – Friday 9:00am–12:00pm.

Mobile Foodbank

Eligibility: individuals with a Foodbank referral and ID

SERVICES:



The Mobile Foodbanks sell grocery staples and assorted frozen products at a lower cost, with payment via EFTPOS preferred. There is free fruit and vegetables available.

GREENBUSHES CONTACT DETAILS

Address: Greenbushes Community Resource Centre, 46 Blackwood Road, Greenbushes, WA, 6254

Opening Hours: Second and fourth Tuesday of the month 12:15pm–1:00pm

NANNUP CONTACT DETAILS

Address: Recreation Precinct, Warren Road/Centenary Drive, Nannup, WA, 6275

Opening Hours: Second and fourth Monday of the month 9:00am–10:15am.

ACCESS:

Referral to access the supermarket and mobile van can be found through FCAWA Emergency Food Relief, or a charity partner.

BRIDGETOWN CONTACT DETAILS

Phone: (08) 9761 2139

Address: St Pauls Anglican Church, 34 Hampton Street, Bridgetown, WA, 6255

Opening Hours: Second and fourth Tuesday of the month 10:45am–11:30am

BOYUP BROOK CONTACT DETAILS

Address: Town Hall, Abel Street, Boyup Brook, WA, 6244

Opening Hours: Second and fourth Friday of the month 10:00am–10:45am.



BOYANUP CONTACT DETAILS

Address: Boyanup Memorial Park, South Western Highway, Boyanup, WA, 6237

Opening Hours: Wednesday 10:00am–10:45am.

DONNYBROOK CONTACT DETAILS

Address: All Saints Donnybrook, South Western Highway, Donnybrook, WA, 6239

Opening Hours: Second and fourth Tuesday of the month 9:00am–9:30am.

Greenbushes Community Pantry

Eligibility: individuals and families in need

Contact Details

Phone: (08) 9764 3575

Email: hello@greenbushescrc.net.au

Address: Greenbushes Community
Resource Centre, 46 Blackwood
Road, Greenbushes, WA, 6254

Opening Hours: Monday - Friday
10:00am-3:00pm.

SERVICES:

Emergency relief in the form of fresh and non-perishable foods (sometimes frozen).

ACCESS:

Come in and ask staff about obtaining a food package. Eligibility criteria applies.




COMMUNITY PANTRY

We understand that with the cost of living continuing to rise, making ends meet is increasingly difficult.

Thanks to donations from local community members, groups and business' Greenbushes CRC has a Community Pantry through which we can provide Emergency Food Relief*.

Please pop in and ask our lovely staff about obtaining a package of non-perishable foods (sometimes we have frozen available) so you and your family are not without something to eat.

*Eligibility criteria apply


DONATE FOOD

 Department of Primary Industries and Regional Development


Mentally Healthy WA

Referral Services:

Bridgetown, Donnybrook, Boyup Brook, Boyanup, Greenbushes & Nannup

AGENCIES AND SERVICES WHO CAN PROVIDE FOODBANK REFERRALS FOR BOTH THE SHOP AND MOBILE VANS.

- Foodbank
- Financial Counsellors' Association of Western
Australia: Emergency Food Relief
- Bridgtown Hub (more information on p.9)



Foodbank Referrals

The Find Food tool on the Foodbank website below can be used to find charity partners who supply Foodbank referrals, or use the referral agencies in the following pages.

Get a referral with a free call

To get a referral, you can free-call The [Emergency Relief and Food Access Service](#) on [1800 979 777](#). It's open 9.30am – 5.00pm Monday to Friday (closed on public holidays).

The call takes about 20 minutes and will involve a few basic questions.

When you come to collect your referral at Foodbank WA, you'll need to bring some form of ID to confirm your address and details.

Get a referral through a charity partner

To get a referral, you can also find a charity in your area using

- » our [Find Food tool](#) or
- » the [WA Connect](#) – on the website, click on "I am looking for assistance". Select "Food" in and enter your suburb. Click search for a list of charities in your area that might be able to help you.

ACCESS:

Referral to access the supermarket and mobile van can be found through FCAWA Emergency Food Relief, or a charity partner.

WEBSITE: <https://www.foodbank.org.au/wa/who-we-help/individuals/>



FWCWA: Emergency Food Relief

Eligibility: individuals struggling to keep up with rent and put food on the table

SERVICES:



Foodbank referrals and renewals for the Foodbank supermarket and Mobile Foodbank services.

ACCESS:

Have the following ready when calling in: Medicare card, drivers' licence, overdue bills.

Contact Details:

Phone: 1800 979 777

Opening Hours: Monday – Friday

9:30am–5:00pm

Community Gardens: Bridgetown, Donnybrook & Greenbushes

**LOCALLY GROWN FRUIT AND VEGETABLES THAT
PROVIDE SOME FOOD RELIEF WITH LITTLE TO NO
COST.**

- Ashbil Community Garden
- Donnybrook Community Garden
- Greenbushes Community Garden

Ashbil Community Garden

SERVICES:



A garden run entirely by volunteers who learn in workshops and from other gardeners. Regular market days occur when produce is available through a donation system.

FACEBOOK:

<https://www.facebook.com/bridgetowncommunitygarden/>

Contact Details:

Email:

bridgetowncommunitygarden@gmail.com

Address: 17 Stewart Street, Bridgetown, WA, 6255

Opening Hours: Volunteering morning tea every Tuesday and Saturday 9:00am–11:00am

Market Days: Last Saturday of the month 9:00am–11:00am.

Donnybrook Community Garden

Contact Details:

Email: dbkgarden@gmail.com

Address: Egan Park Access Road, Donnybrook, WA, 6239

Opening Hours: Busy bees every second Saturday of the month at 8:30am

SERVICES:



Community space for those wanting to learn how to garden, grow their own groceries and meet new people. Become a member to access these events for free, or drop-in at a small cost. Email to enquire further.

FACEBOOK:

<https://www.facebook.com/DonnybrookCommunityGarden/>

Contact Details:

Email: garden@growgreenbushes.org.au

Address: 23 Blackwood Road,
Greenbushes, WA, 6254

Opening Hours: Busy bees on Thursday
9:00am. During May–August open from
10:00am.

FACEBOOK:

<https://www.facebook.com/greenbushescommunitygarden/>

MEMBERSHIP

Membership is \$20 per year which allows free entry to most community events held at the garden.

Registration can be made via their website:
<http://www.growgreenbushes.org.au/greenbushes-community-garden>

SERVICES:



A community-run, inclusive garden in the heart of Greenbushes. It grows spray-free vegetables, has a productive orchard, and includes a large biodiversity area. The garden features shared garden beds.

There are weekly “busy bees” where active members share the yield, everyone brings a plate for morning tea. Also regular monthly events are held, e.g., workshops, potluck dinners.

For more information, visit the Facebook page.



Farmers' Markets and Roadside Stalls: Bridgetown & Boyanup

**LOCAL PRODUCE FROM FARMER'S MARKETS CAN
OFTEN COME AT A SMALLER COST THAN AT RETAIL
SUPERMARKETS TO AID FOOD RELIEF.**

- Jenoshua's Organic Veggie Stall
- Bridgetown River Park Markets
- Boyanup Farmers' Market

Jenoshua's Organic Veggie Stall – Boyanup

Contact Details:

Phone: 0412 658 284

Address: 309 Hurst Road, Boyanup, WA, 6237

Opening Hours: Always open.

SERVICES:



Organic roadside fruit and vegetable stall in Boyanup.

FACEBOOK:

[Jenoshua's Organic Orchard.](#)

Bridgetown River Park Markets

SERVICES:



Community markets at the Bridgetown River Park with local fruit and vegetables, arts, crafts and car boot offerings available.

Contact Details:

Address: Bridgetown River Park, 4 Hampton Street, Bridgetown, WA 6255

Opening Hours: Second Sunday of the month 7:00am – 12:00pm.

FACEBOOK:

<https://www.facebook.com/bridgetownrivermarkets>



Boyanup Farmers' Market

SERVICES:

Market that showcases fresh locally grown seasonal produce including fruit, vegetables, pasture-fed meat products, nuts, fish, eggs, cheese and more.

WEBSITE

<https://www.boyanupfarmersmarket.com/>

FACEBOOK

<https://www.facebook.com/profile.php?id=100063651006761>

Contact Details:

Email:

manager@boyanupfarmersmarket.com

Address: 1 South Western Highway,
Boyanup, WA, 6237

Opening Hours: Fourth Sunday of the
month 8:00am-12:00pm.




Food Access Map: Bridgetown

**A VISUAL AID TO HELP ACCESS FOOD ACROSS
BRIDGETOWN.**

Ashbil Community Garden Bridgetown




 Volunteering mornings every
Tuesday and Saturday, 9.00am-11.00am


 17 Stewart Street, Bridgetown WA
6255

Bridgetown Hub



 (08) 9761 2139


 Mon - Fri, 9.00am - 3.00pm
during school terms

 Terminus Building, 36 Steere Street,
Bridgetown WA 6255

FCAWA Emergency Relief and Food Access Service



 1800 979 777

 Mon - Fri, 9.30am - 5.00pm

*Call to be connected with your local support
services.

Food Access Map: Bridgetown



Emergency food relief





Community
garden/food swapping
group


**See attached page for a map
of these services.*

Mobile Foodbank



 (08) 9761 2139

 Second and fourth Tuesday of
the month 10:45am-11:30am

 St Pauls Anglican Church, 34 Hampton
Street, Bridgetown, WA, 6255

Vinnies



 0429 680 759

*Call to enquire about services

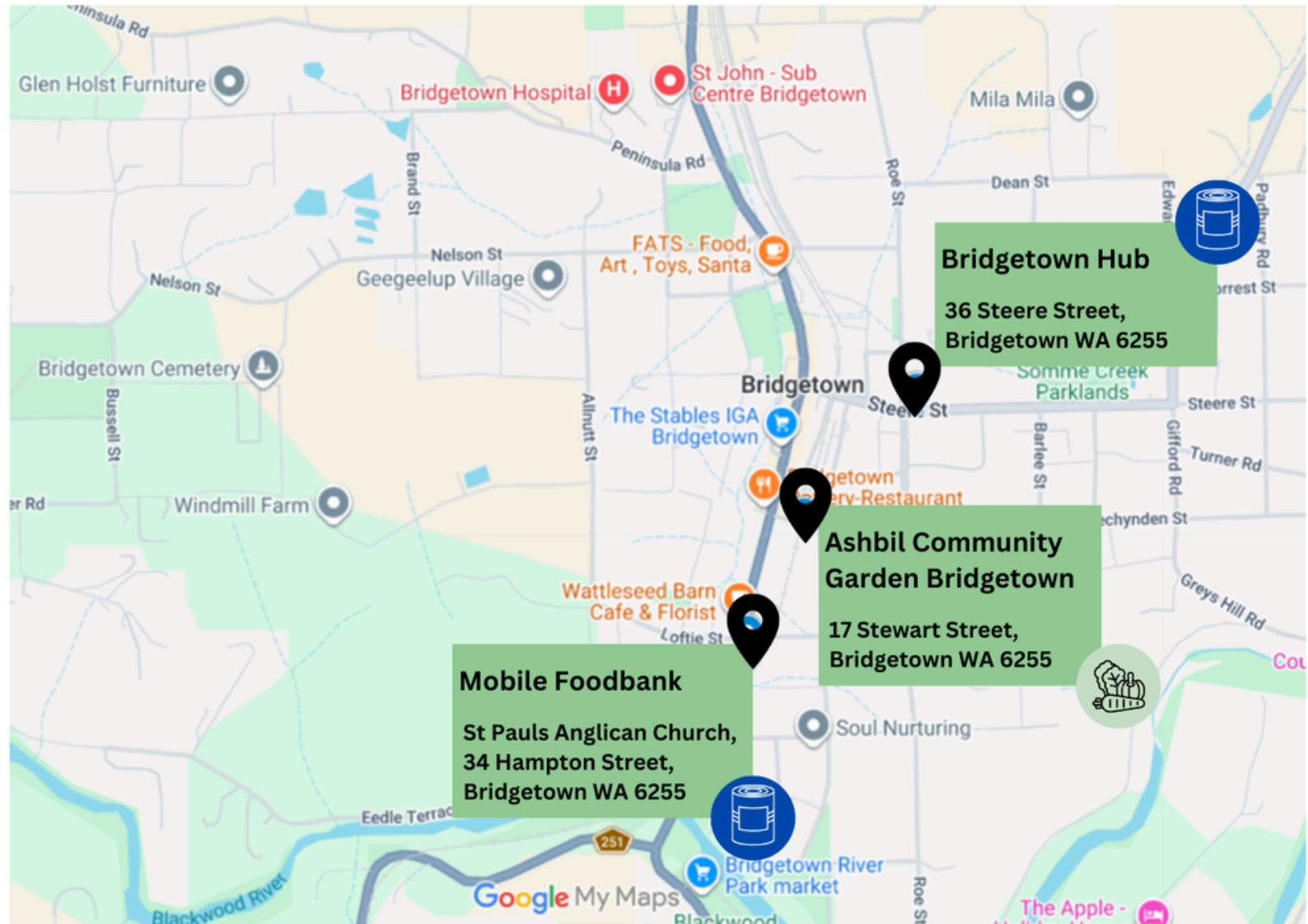
Food Access Map: Bridgetown



Emergency food relief



Community garden/food swapping group



Please note, this map was developed in 2025.

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