



Pictured: Dunsborough Swap Shuffle and Share

Food Support Practitioners Guide

Busselton & Dunsborough

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Acknowledgement of Country

We would like to respectfully acknowledge the Wadandi People who are the Traditional Owners and First People of the land on which we created this guide. We would like to pay our respects to the Elders past, present and emerging for they hold the memories, the traditions, the culture and hopes of the Wadandi People.

Food Security

Based on the World Summit in 1996, food security occurs when all people, at all times, have physical, social and economic access to sufficient, safe and nutritious food that meets their dietary needs and food preferences for an active and healthy lifestyle.

(Food and Agriculture Organisation, 2024 & World Bank Group, n.d.)



S. L. Godrich, I. Chiera, M. Stoneham, J. Doe, A. Devine, and E. Humphreys, "Using Social Network Analysis to Visualise Place-Based Partnerships for Systems Change in Regional Australia," Health Promotion Journal of Australia 37, no. 2 (2026): e70150, <https://doi.org/10.1002/hpja.70150>.

Aboriginal communities defined food security "when the food of our ancestors is protected and always there for us and our children. It is when we can easily access and afford the right nontraditional food for a collective health and active life. When we are food secure, we can provide, share and fulfil our responsibilities, we can choose good food knowing how to make choices and how to prepare and use it."

(Menzies School of Health Research, 2010)

Screening Tool

Adapted from the United States Department of Agriculture Food Security Safety Module (May 2024)

These questions will be used to understand the extent and nature of food insecurity in our community. The information gathered supports informed planning, service delivery, and advocacy to better respond to community needs. It is not intended to determine your eligibility for food relief services.

These next questions are about the food eaten in your household in the last 12 months, and whether you were able to afford the food you need.

1. The food that (I/we) bought just didn't last, and (I/we) didn't have money to get more.

Often true Sometimes true Never true DK or refused

2. (I/we) couldn't afford to eat balanced meals.

Often true Sometimes true Never true DK or refused

3. In the last 12 months, since last (name of current month), did (you/you or other adults in your household) ever cut the size of your meals or skip meals because there wasn't enough money for food?

Yes No (skip to Q5) Don't Know (skip to Q5)

Screening Tool

Adapted from the United States Department of Agriculture Food Security Safety Module (May 2024)

4. (Only if yes to Q3) How often did this happen—almost every month, some months but not every month, or in only 1 or 2 months?

Almost every month Some months but not every month Only 1 or 2 months Don't Know

5. In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?

Yes No Don't Know

6. In the last 12 months, were you ever hungry but didn't eat because there wasn't enough money for food?

Yes No Don't Know

For further information and how to use the U.S. Household Food Security Survey Module: Six Item Short Form please visit:

<https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-us/survey-tools>

and choose "Six-item Short Form Food Security Survey Module".

Key



Meals



Foodbank referrals



Food or hampers



Supermarket vouchers

Food Support Agencies: Busselton & Dunsborough

**AGENCIES AND ORGANISATIONS THAT CAN
PROVIDE MEALS, FOOD, AND SUPERMARKET
VOUCHERS.**

- Feed Hope
- The Salvation Army Church
- Vinnies Busselton
- Mobile Foodbank
- BayLife Uniting Church
- St Mary's Anglican Church
- Lamp Inc.
- St George's Anglican Church Dunsborough

Eligibility: individuals and families in the Busselton community facing financial pressures

ACCESS:

Visit an organisation Feed Hope donates to:

- Salvation Army
- Busselton Smile Friendship Group
- Mainly Music
- Bay Life Uniting Church
- Cliff's Kitchen
- Lamp Inc.
- Busselton Senior Citizen
- Vinnies
- Breakfast clubs at public and private schools in the area

SERVICES:



Gathering food and essential items to distribute to families in need. Through supporting financially and with donations, they support individuals in need in the Busselton community

Contact Details:

Phone: 0494 154 025

The Salvation Army

Eligibility: anyone in need of assistance



Contact Details:

Phone: (08) 9754 2733

Address: 94 Kent Street, Busselton, WA, 6280

Opening Hours:

Drop-in centre: Friday 9:00am-12:00pm

Community Lunch: Sunday 1:00pm-2:00pm

PHONE ASSISTANCE LINE WA

Phone: (08) 6210 3288

Opening Hours: Monday – Friday
9:00am-4:00pm

Busselton Collection Times: Fridays
9:30am- 12:00pm (at the above location)

SERVICES:



Drop-in centre: for a coffee, a chat and a bite to eat in the dining hall. Provide small food hampers a few times a year for those needing emergency relief

Community lunch: join for a free lunch and meet new friends in the dining hall.

Salvos Phone Assistance Line: can be accessed by those experiencing financial hardship in relation to food and other essential items

ACCESS:

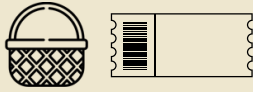
Walk ins are welcome. Call during the opening hours listed.



Vinnies

Eligibility: assistance from people in need

SERVICES:



This might involve having a friendly chat or providing information, advocacy, food or food vouchers, clothing, furniture, budget support, assistance with utility bills or back to school costs.

ACCESS:

Call the number for assistance or walk in to get help.

Contact Details:

Phone: (08) 9754 7084

Address: 20 Peel Terrace, Busselton, WA, 6280

Opening Hours: Monday, Tuesday and Thursday 10:00am–12:00pm

Mobile Foodbank

Eligibility: individuals with a Foodbank referral and ID

BUSSELTON: THE PEOPLE PLACE

Phone: (08) 9726 2362

Address: The People Place, 19–21 Kent Street, Busselton, WA, 6280

Opening Hours: First and third Monday of the month, 10:30am – 11:15am

BUSSELTON: CHURCHILL PARK

Address: Churchill Park, Adelaide Street, Busselton, WA, 6280

Opening Hours: Second and fourth Monday of the month 11:15am – 12:00pm

SERVICES:



The Mobile Foodbanks sell grocery staples and assorted frozen products at a lower cost, with payment via EFTPOS preferred. There is free fruit and vegetables available.

CAPEL CONTACT DETAILS

Phone: (08) 9726 2362

Address: Bethanie Elanora, 37 Hastie Street (entry from Myrtle Street), Capel, WA, 6271

Opening Hours: Thursdays 9:00am–9:45am



BayLife Uniting Church

Eligibility: assistance for people in need

Contact Details:

Email: bsnuca@westnet.com.au

Phone: (08) 9752 3304

Address: 47 Kent Street, Busselton, WA, 6280

Opening Hours:

Office: Monday – Friday 9:00am–12:00pm

Cafe: Tuesday and Thursday 9:00am–12:30pm

SERVICES:



BayLife Cafe: \$5 home cooked meals, coffee and friendly chats. Also provide resources and support services for people in need.

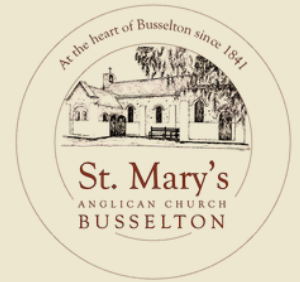
Op Shop: recycled clothes, homewares and books etc. for sale.

ACCESS:

Walk ins accepted.

St Mary's Anglican Church

Eligibility: individuals with financial stress



CLIFF'S KITCHEN:

Cliff's Kitchen: St Mary's Family Centre

Cliff's Kitchen Opening Hours: Wednesdays 12:00pm–1:00pm

ACCESS:

Everyone welcome to Cliff's Kitchen. Call the first phone number to make an appointment with a counsellor for emergency relief.

EMERGENCY RELIEF:

Contact Details

Phone: (08) 9754 3775

Emergency Relief: 1800 979 777

Email: office@stmarysbusselton.com.au

Address: 47 Peel Terrace, Busselton, WA, 6280

Opening Hours: Appointments available Monday and Wednesday mornings 9:30am–11:30am

SERVICES:



Emergency relief for those who are genuinely in need. Offering food vouchers, food parcels and limited assistance on essential bills.



Lamp Inc.

Eligibility: anyone in need of assistance

SERVICES:

REALLY REALLY FREE PANTRY:

Take what you need and give what you can. A really free pantry of donations from the community. Shelf stable items, fresh fruit and vegetables fresh from home gardens.

REALLY REALLY FREE COMMUNITY GARDEN:

A vegetable garden anyone can help themselves to. Open 24/7 for you to harvest produce yourself.

Contact Details:

Phone: (08) 9754 1834

Address: 224 Bussell Highway,
West Busselton, WA, 6280

Opening Hours: Monday – Sunday
24/7

ACCESS:

Walk-ins available.

St George's Anglican Church Dunsborough

Eligibility: assistance for people in need



ACCESS:

Everyone welcome to Manna & Mercy.

Emergency relief available by appointment.

MANNA & MERCY:

Manna & Mercy Community

Meal: St George's Family Centre

Opening Hours: Tuesdays

5:00pm–6:00pm, via donation



EMERGENCY RELIEF:

Contact Details:

Phone: 0424 074 411

Email:

office@dunsboroughanglican.com.au

Address: 50 Gibney Street,
Dunsborough, WA, 6281

Opening Hours: by appointment

SERVICES:

Fruit, vegetables and bakery items distributed three times per week.

Emergency relief on application offering pantry food, frozen meals, food vouchers, op shop clothing and some bill assistance.

Referral Services: Busselton & Dunsborough

**AGENCIES AND SERVICES WHO CAN PROVIDE
FOODBANK REFERRALS FOR BOTH THE SHOP AND
MOBILE VANS.**

- Foodbank
- Financial Counsellors' Association of Western
Australia: Emergency Food Relief



Foodbank Referrals

The Find Food tool on the Foodbank website below can be used to find charity partners who supply Foodbank referrals, or use the referral agencies in the following pages.

Get a referral with a free call

To get a referral, you can free-call The [Emergency Relief and Food Access Service](#) on [1800 979 777](#). It's open 9.30am – 5.00pm Monday to Friday (closed on public holidays).

The call takes about 20 minutes and will involve a few basic questions.

When you come to collect your referral at Foodbank WA, you'll need to bring some form of ID to confirm your address and details.

Get a referral through a charity partner

To get a referral, you can also find a charity in your area using

- » our [Find Food tool](#) or
- » the [WA Connect](#) – on the website, click on "I am looking for assistance". Select "Food" in and enter your suburb. Click search for a list of charities in your area that might be able to help you.

ACCESS:

Referral to access the supermarket and mobile van can be found through FCAWA Emergency Food Relief, or a charity partner.

WEBSITE: <https://www.foodbank.org.au/wa/who-we-help/individuals/>



FWCWA: Emergency Food Relief

Eligibility: individuals struggling to keep up with rent and put food on the table

SERVICES:



Foodbank referrals and renewals for the Foodbank supermarket and Mobile Foodbank services.

ACCESS:

Have the following ready when calling in:
Medicare card, drivers' licence, overdue bills.

Contact Details:

Phone: 1800 979 777

Opening Hours: Monday – Friday
9:30am–5:00pm

Community Gardens and Food Swaps: Busselton & Dunsborough

**LOCALLY GROWN FRUIT AND VEGETABLES THAT
PROVIDE SOME FOOD RELIEF WITH LITTLE TO NO
COST.**

- Busselton Community Garden
- Dunsborough Community Farm
- Dunsborough Community Garden
- Dunsborough Swap, Shuffle and Share



Busselton Community Garden

SERVICES:

A space for socialising, educating about sustainable gardening, talk to the chickens and share local produce. A sustainable environment for the community to share.

ACCESS:

Come in during open hours.

Contact Details:

Phone: 0483 784 929

Email:

busseltoncommunitygardens@hotmail.com

Address: 48/50 Strelly Street, Busselton, WA, 6280 – please note, the carpark access is off Roe Terrace.

Opening Hours: Tuesday and Saturday
8:30am–12:00pm



DUNSBOROUGH COMMUNITY FARM

Contact Details:

Phone: Sherrise 0402 675 098

Email:

hello@dunsboroughcommunityfarm.com

Address: 27 Ridgeway Drive, Quedjinup, WA, 6281

Opening Hours: Fridays 12:00pm–1:00pm

SERVICES:

Gardening enthusiasts are welcome to keep crops coming and flowers blooming. This is often run straight into a weekly cooking session, highlighting the fresh produce grown on the grounds at Dunsborough Community Farm.

ACCESS:

Register online [here](#) for an annual fee of \$30 or come in where there is a casual/non-membership is a \$10 drop-in fee.

Dunsborough Community Garden Incorporated



SERVICES:



The Garden is an association formed to provide local residents with space to grow organic produce.

Contact Details:

Phone: Anne, 0408 819 483

Email: dunscommgarden@gmail.com

Address: Lot 3003 Dunsborough Lakes Drive, Dunsborough, WA, 6281

Opening Hours: Join the Facebook group [here](#) to be up to date with the latest information and events schedule.

Dunsborough Swap, Shuffle and Share

Eligibility: everyone is welcome to join in and swap their abundance.

Contact Details:

Phone: Sandy 0411 502 395

Address: Anniebrook Farm Cafe and Gifts, 247 Wildwood Road, Carburnup, WA, 6280

Opening Hours: First Sunday of the month 10:00am.

Busy bees: Last Sunday of the month

SERVICES:



Community gathering of people who enjoy growing their own produce. Swap, shuffle and share your own produce. New members welcome as a casual (\$20), or plot holders (1/4 plots to whole plots).

ACCESS:

Phone Sandy or find more information on the Facebook page.

FACEBOOK:

<https://www.facebook.com/groups/1585301078349505/>

Farmers' Markets: Busselton & Vasse

LOCAL PRODUCE FROM FARMER'S MARKETS CAN OFTEN COME AT A SMALLER COST THAN AT RETAIL SUPERMARKETS TO AID FOOD RELIEF.

- Foreshore Markets
- Rotary Markets
- Origins Market
- Busselton Community Garden Market
- Vasse Markets

Foreshore Markets

SERVICES:

Local art, crafts, fruit and vegetable markets, with a variety of food options.



Contact Details:

Phone: 0438 511 248

Email:

bsnforeshoremarkets@gmail.com

Address: Signal Park, Marine Terrace
Busselton, WA, 6280

Opening Hours: Every first, third and fifth Sunday of the month 7:00am – 12:30pm.



Rotary Markets

SERVICES:

Local produce, foods, crafts, and drink stalls. As well as a coffee van to start off your Sunday morning.

Contact Details:

Phone: 0428 354 017

Email: bsnrotarymarkets@gmail.com

Address: Signal Park, Marine Terrace
Busselton, WA, 6280

Opening Hours: Second and fourth Sunday of each month 7:30am – 12:00pm

Origins Market



SERVICES:

Providing a space to shop and dine products made by local Western Australian makers and growers.

Contact Details:

Email: info@originsmarket.com.au

Address: 86 West Street, Busselton, WA, 6280

Opening Hours:

Thursday–Saturday 8:30am*–9:00pm**

Sunday: 8:30am*–6:00pm

*Dusty Buns Bakery & Obson Coffee Roasters open from 7am

**6:00pm–9:00pm Eateries, bar and select artisans only

Busselton Community Garden Market



SERVICES:

A space for recreation and social interaction, to encourage and educate the community about sustainable organic gardening.

Contact Details:

Phone: 0483 784 929

Email:

busseltoncommunitygardens@hotmail.com

Address: 48/50 Strelly Street, Busselton, WA, 6280 – please note, the carpark access is off Roe Terrace.

Opening Hours: Every second and fourth Saturday of the month 8:00am – 12:00pm.



Vasse Lions Twilight Markets

SERVICES:

Live Music, market stalls selling local products, food vendors, sausage sizzle and family fun.

Contact Details:

Phone: 0478 603 148

Email: vasse.wa@lions.org.au

Address: Vasse Village, Vasse, WA, 6280

Opening hours: contact Vasse Lions for events and opening times.



Farmers' Markets: Dunstable

LOCAL PRODUCE FROM FARMER'S MARKETS CAN OFTEN COME AT A SMALLER COST THAN AT RETAIL SUPERMARKETS TO AID FOOD RELIEF.

- Dunstable Lions Markets
- Vasse Markets

Dunsborough Lions Market



SERVICES:

Showcasing a range of local products and produce, as well as a sausage sizzle and chocolate wheel.

Contact Details:

Phone: 0447 968 580

Email: tmorgan88@bigpond.com

Address: Lions Park Dunsborough,
Dunsborough, WA, 6281

Opening Hours:

September to April: Fourth Saturday of
the month 8:00am – 1:00pm.

Markets by the Bay

Contact Details:

Email: info@marketsbythebay.com.au

Address: Lions Park, 38 Dunn Bay
Road, Dunsborough, WA, 6281

Opening Hours:

April and June: Second and fourth
Saturday of the Month 8:00am
-1:00pm (weather depending).

WEBSITE

<https://www.marketsbythebay.com.au/>

FACEBOOK

[@marketsbythebay](https://www.facebook.com/marketsbythebay)

SERVICES:


Local produce, art, gifts & fashion at
Dunsborough's Lions Park.





Food Access Maps: Busselton

**A VISUAL AID TO HELP ACCESS FOOD ACROSS
BUSSELTON.**

Accordwest

 1300 115 799 or (08) 9729 9000


 Mon, Wed and Fri from 9.00am
Appointments available until filled, daily

 Available remotely





*Contact to pre-book an appointment.

Bay Life Uniting Church – Community Café


 (08) 9752 3304




 Tue and Thur, 9.30am - 12.30pm

 47 Kent St, Busselton WA 6280

Busselton Community Garden

 0419 988 686

 Tue, 9.00am-12.00pm
Sat, 9.00am-12.00pm



 48/50 Strelly St, Busselton WA 6280

Food Access Map: Busselton



Emergency food relief



Regular food relief



Community
garden/food swapping
group




Food parcels/hampers

**See attached page for a map
of these services.*


Cliff's Kitchen




 Wed, 12.00pm-1.00pm

 St. Mary's Family Centre, corner of
Albert and Queen St, Busselton WA
6280

Doors Wide Open


 (08) 9787 9298




 Mon - Fri, 10.00am - 2.00pm

*Call to enquire about services.

FCAWA Emergency Relief and Food Access Service


 1800 979 777



 Mon - Fri, 9.30am - 5.00pm


*Call to be connected with your local support
services.

LAMP Inc. - Really Really Free Pantry


 (08) 9754 1834

 24/7




 224 Bussell Hwy, Busselton WA 6280


Mobile Foodbank – Adelaide Street

 Monday fortnightly, second and fourth Monday of the month, 11.15 am – 12.00 pm



 Churchill Park, Adelaide St, Busselton WA 6280

Mobile Foodbank – Kent Street

 Monday fortnightly, first and third Monday of the month 10.30am – 11.15am



 The People Place, 19-21 Kent Street

Food Access Map: Busselton



Emergency food relief



Regular food relief



Community garden/food swapping group





Food parcels/hampers


**See attached page for a map of these services.*

St Mary's Anglican Church




 (08) 9754 3775

 Appointments are available on Monday and Wednesday mornings, 9.30am - 11.30 am.


 43 Peel Terrace, Busselton WA 6280


*Call to make an appointment.

The Salvation Army Church Busselton

 (08) 9754 2733




 By appointment only on Friday mornings.


 94 Kent St, Busselton WA 6280

*Call to make an appointment.

Vinnies


 (08) 9752 4325





 20 Peel Terrace, Busselton WA 6280


*Call to enquire about services.

Food Access Map: Busselton

 Emergency food relief

 Regular food relief

 Community garden/food swapping group

 Food parcels/hampers



Please note, this map was developed in 2025.

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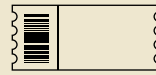
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