

# Shaping Effective Food Action Groups: Participant Perspectives on Structure and Stakeholder Involvement in Regional and Remote Western Australia

**Aim:** to investigate how WA Food Action Groups should be structured, and which stakeholders to involve, to maximise their impact on local food systems.

**Methods:** 19 focus groups, with 92 participants were held across each region of WA. The drivers for an effective Food Action Group are synthesised in Figure 1.



Figure 1. Attributes and stakeholders of desirable Food Action Groups in Regional and Remote WA.

**Based on these findings, our recommendations include to:**

- Engage a diverse range of community members and stakeholders to ensure cross-sector representation.
- Encourage Food Action Groups to develop formal governance mechanisms.
- Involve government in Food Action Group processes from commencement.